Outline

Summary
Recent Evolution and Current Conditions
Oceanic Niño Index (ONI)
Pacific SST Outlook
U.S. Seasonal Precipitation and Temperature Outlooks
Summary
Summary

ENSO Alert System Status: **La Niña Watch**

ENSO-neutral conditions are present.*

Equatorial sea surface temperatures (SSTs) are above average in the western and west-central Pacific, near average in the east-central Pacific, and below average in the eastern Pacific Ocean.

ENSO-neutral is expected to continue for the next several months, with La Niña favored to develop during August-October (70% chance) and persist into the Northern Hemisphere winter 2024-25 (79% chance during November-January).*

* Note: These statements are updated once a month (2nd Thursday of each month) in association with the ENSO Diagnostics Discussion, which can be found by clicking [here](#).
Positive sea surface temperature (SST) anomalies persisted across most of the eastern and central Pacific Ocean from the beginning of the period until April 2024.

Since mid March 2024, below-average SSTs have emerged in the eastern Pacific and expanded slightly westward.
Niño Region SST Departures (°C) Recent Evolution

The latest weekly SST departures are:

Niño 4  0.6°C  
Niño 3.4  0.1°C  
Niño 3  -0.2°C  
Niño 1+2  -0.7°C
SST Departures (°C) in the Tropical Pacific During the Last Four Weeks

In the last four weeks, equatorial SSTs were above average in the western and west-central Pacific Ocean. Near-to-below-average SSTs were evident in the east-central and eastern Pacific Ocean.
During the last four weeks, equatorial SSTs were above average across the west-central Pacific Ocean, around the Maritime Continent, and in the Indian Ocean. Near-to-below-average SSTs were evident in the east-central and eastern Pacific Ocean, and below-average SSTs were present in the central equatorial Atlantic.
Weekly SST Departures during the Last Four Weeks

During the last 4 weeks, below-average SSTs persisted in the eastern Pacific Ocean, while above-average SSTs persisted in the western Pacific.

SSTs have remained mostly near average in the east-central Pacific Ocean, with above-average SSTs mixing with below-average SSTs.
Change in Weekly SST Departures over the Last Four Weeks

During the last four weeks, both negative and positive SST anomaly changes were observed in the east-central and eastern equatorial Pacific Ocean.
Upper-Ocean Conditions in the Equatorial Pacific

The basin-wide equatorial upper ocean (0-300 m) heat content is greatest prior to and during the early stages of a Pacific warm (El Niño) episode (compare top 2 panels), and least prior to and during the early stages of a cold (La Niña) episode.

The slope of the oceanic thermocline is least (greatest) during warm (cold) episodes.

Recent values of the upper-ocean heat anomalies (below average) and thermocline slope index (slightly above average) reflect ENSO-neutral.

*The monthly thermocline slope index represents the difference in anomalous depth of the 20°C isotherm between the western Pacific (160°E-150°W) and the eastern Pacific (90°-140°W).*
Positive subsurface temperature anomalies persisted through mid-January 2024. Variability in the positive anomalies was associated with several oceanic Kelvin waves. Starting in November 2023, positive subsurface temperature anomalies weakened to near zero. From late January to mid-April 2024, negative temperature anomalies emerged and strengthened. Since July 2024, negative anomalies have strengthened.
Sub-Surface Temperature Departures in the Equatorial Pacific

Over the last couple of months, negative subsurface temperature anomalies have persisted in the eastern equatorial Pacific Ocean and extended to the surface.

Below-average temperatures remain at depth in the central Pacific Ocean, with slightly above-average temperatures near the surface in the western Pacific Ocean.
Tropical OLR and Wind Anomalies During the Last 30 Days

OLR is near average around the Date Line, while below-average OLR (enhanced convection and precipitation) was observed over the far western Pacific and the Philippines.

Weak, low-level (850-hPa) easterly wind anomalies were observed over the east-central and eastern equatorial Pacific Ocean.

Upper-level (200-hPa) wind anomalies were westerly over the eastern equatorial Pacific Ocean.
Intraseasonal variability in the atmosphere (wind and pressure), which is often related to the Madden-Julian Oscillation (MJO), can significantly impact surface and subsurface conditions across the Pacific Ocean.

Related to this activity:

Significant weakening of the low-level easterly winds usually initiates an eastward-propagating oceanic Kelvin wave.
Weekly Heat Content Evolution in the Equatorial Pacific

Significant equatorial oceanic Kelvin wave activity (dashed and dotted lines) has been present throughout the period shown.

Through January 2024, above-average subsurface temperatures persisted across most of the Pacific Ocean.

Two upwelling Kelvin waves were observed during December 2023 and May 2024.

During July, below-average subsurface temperatures strengthened in the east-central Pacific.

Equatorial oceanic Kelvin waves have alternating warm and cold phases. The warm phase is indicated by dashed lines. Down-welling and warming occur in the leading portion of a Kelvin wave, and up-welling and cooling occur in the trailing portion.
At times, the Madden Julian-Oscillation (MJO) has contributed to the eastward propagation of low-level wind anomalies.

An eastward propagating pattern of westerly and easterly wind anomalies was evident starting in November 2023. Since early May 2024, this pattern has weakened.

During July 2024, easterly wind anomalies persisted over most of the central and east-central Pacific.

Brief periods of westerly wind anomalies continue to emerge in the eastern Pacific.

Westerly Wind Anomalies (orange/red shading)
Easterly Wind Anomalies (blue shading)
Upper-level (200-hPa) Velocity Potential Anomalies

From the beginning of the period, regions of anomalous divergence (green shading) and convergence (brown shading) were shifting eastward. Since early May 2024, this pattern has weakened.

Since late June 2024, anomalous divergence has been evident over Indonesia and the western Pacific and anomalous convergence has persisted over the eastern Pacific.
Outgoing Longwave Radiation (OLR) Anomalies

Through early March 2024, negative OLR anomalies (more convection) persisted over the central equatorial Pacific Ocean.

From mid-December 2023 through March 2024, OLR anomalies shifted eastward from the Indian Ocean/Indonesia to the western Pacific/Date Line.

Since mid-May 2024, OLR has been either near-average or above-average (less convection) near the western Pacific or Date Line.

Since early July 2024, negative anomalies have persisted over the western Pacific.

Drier-than-average Conditions (orange/red shading)
Wetter-than-average Conditions (blue shading)
Oceanic Niño Index (ONI)

The ONI is based on SST departures from average in the Niño 3.4 region, and is a principal measure for monitoring, assessing, and predicting ENSO.

Defined as the three-month running-mean SST departures in the Niño 3.4 region. Departures are based on a set of improved homogeneous historical SST analyses (Extended Reconstrated SST - ERSST.v5). The SST reconstruction methodology is described in Huang et al., 2017, J. Climate, vol. 30, 8179-8205.)

It is one index that helps to place current events into a historical perspective.

Note: a different SST dataset is used for weekly SST monitoring (slides #4-9) and is using OISSTv2.1 (Huang et al., 2021).
NOAA Operational Definitions for El Niño and La Niña

El Niño: characterized by a positive ONI greater than or equal to +0.5°C.

La Niña: characterized by a negative ONI less than or equal to -0.5°C.

By historical standards, to be classified as a full-fledged El Niño or La Niña episode, these thresholds must be exceeded for a period of at least 5 consecutive overlapping 3-month seasons.

CPC considers El Niño or La Niña conditions to occur when the monthly Niño3.4 OISST departures meet or exceed +/- 0.5°C along with consistent atmospheric features. These anomalies must also be forecasted to persist for 3 consecutive months.
The most recent ONI value (April - June 2024) is 0.4°C.
Historical El Niño and La Niña Episodes Based on the ONI computed using ERSST.v5

Recent Pacific warm (red) and cold (blue) periods based on a threshold of +/- 0.5 °C for the Oceanic Niño Index (ONI) [3 month running mean of ERSST.v5 SST anomalies in the Niño 3.4 region (5N-5S, 120-170W)]. For historical purposes, periods of below and above normal SSTs are colored in blue and red when the threshold is met for a minimum of 5 consecutive overlapping seasons.

The ONI is one measure of the El Niño-Southern Oscillation, and other indices can confirm whether features consistent with a coupled ocean-atmosphere phenomenon accompanied these periods. The complete table going back to DJF 1950 can be found [here](#).

<table>
<thead>
<tr>
<th>Year</th>
<th>DJF</th>
<th>JFM</th>
<th>FMA</th>
<th>MAM</th>
<th>AMJ</th>
<th>MJJ</th>
<th>JJA</th>
<th>JAS</th>
<th>ASO</th>
<th>SON</th>
<th>OND</th>
<th>NDJ</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>-0.9</td>
<td>-0.7</td>
<td>-0.6</td>
<td>-0.5</td>
<td>-0.3</td>
<td>0.0</td>
<td>0.2</td>
<td>0.4</td>
<td>0.4</td>
<td>0.3</td>
<td>0.1</td>
<td>-0.2</td>
</tr>
<tr>
<td>2013</td>
<td>-0.4</td>
<td>-0.4</td>
<td>-0.3</td>
<td>-0.3</td>
<td>-0.4</td>
<td>-0.4</td>
<td>-0.4</td>
<td>-0.3</td>
<td>-0.3</td>
<td>-0.2</td>
<td>-0.2</td>
<td>-0.3</td>
</tr>
<tr>
<td>2014</td>
<td>-0.4</td>
<td>-0.5</td>
<td>-0.3</td>
<td>0.0</td>
<td>0.2</td>
<td>0.2</td>
<td>0.0</td>
<td>0.1</td>
<td>0.2</td>
<td>0.5</td>
<td>0.6</td>
<td>0.7</td>
</tr>
<tr>
<td>2015</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
<td>0.7</td>
<td>0.9</td>
<td>1.2</td>
<td>1.5</td>
<td>1.9</td>
<td>2.2</td>
<td>2.4</td>
<td>2.6</td>
<td>2.6</td>
</tr>
<tr>
<td>2016</td>
<td>2.5</td>
<td>2.1</td>
<td>1.6</td>
<td>0.9</td>
<td>0.4</td>
<td>-0.1</td>
<td>-0.4</td>
<td>-0.5</td>
<td>-0.6</td>
<td>-0.7</td>
<td>-0.7</td>
<td>-0.6</td>
</tr>
<tr>
<td>2017</td>
<td>-0.3</td>
<td>-0.2</td>
<td>0.1</td>
<td>0.2</td>
<td>0.3</td>
<td>0.3</td>
<td>0.1</td>
<td>-0.1</td>
<td>-0.4</td>
<td>-0.7</td>
<td>-0.8</td>
<td>-1.0</td>
</tr>
<tr>
<td>2018</td>
<td>-0.9</td>
<td>-0.9</td>
<td>-0.7</td>
<td>-0.5</td>
<td>-0.2</td>
<td>0.0</td>
<td>0.1</td>
<td>0.2</td>
<td>0.5</td>
<td>0.8</td>
<td>0.9</td>
<td>0.8</td>
</tr>
<tr>
<td>2019</td>
<td>0.7</td>
<td>0.7</td>
<td>0.7</td>
<td>0.7</td>
<td>0.5</td>
<td>0.5</td>
<td>0.3</td>
<td>0.1</td>
<td>0.2</td>
<td>0.3</td>
<td>0.5</td>
<td>0.5</td>
</tr>
<tr>
<td>2020</td>
<td>0.5</td>
<td>0.5</td>
<td>0.4</td>
<td>0.2</td>
<td>-0.1</td>
<td>-0.3</td>
<td>-0.4</td>
<td>-0.6</td>
<td>-0.9</td>
<td>-1.2</td>
<td>-1.3</td>
<td>-1.2</td>
</tr>
<tr>
<td>2021</td>
<td>-1.0</td>
<td>-0.9</td>
<td>-0.8</td>
<td>-0.7</td>
<td>-0.5</td>
<td>-0.4</td>
<td>-0.4</td>
<td>-0.5</td>
<td>-0.7</td>
<td>-0.8</td>
<td>-1.0</td>
<td>-1.0</td>
</tr>
<tr>
<td>2022</td>
<td>-1.0</td>
<td>-0.9</td>
<td>-1.0</td>
<td>-1.1</td>
<td>-1.0</td>
<td>-0.9</td>
<td>-0.8</td>
<td>-0.9</td>
<td>-1.0</td>
<td>-1.0</td>
<td>-0.9</td>
<td>-0.8</td>
</tr>
<tr>
<td>2023</td>
<td>-0.7</td>
<td>-0.4</td>
<td>-0.1</td>
<td>0.2</td>
<td>0.5</td>
<td>0.8</td>
<td>1.1</td>
<td>1.3</td>
<td>1.6</td>
<td>1.8</td>
<td>1.9</td>
<td>2.0</td>
</tr>
<tr>
<td>2024</td>
<td>1.8</td>
<td>1.5</td>
<td>1.1</td>
<td>0.7</td>
<td>0.4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
ENSO-neutral is expected to continue for the next several months, with La Niña favored to develop during August-October (70% chance) and persist into the Northern Hemisphere winter 2024-25 (79% chance during November-January).
The majority of dynamical models indicate a transition to La Niña around August-October 2024, while the average of the statistical models predicts ENSO-neutral.
The CFS.v2 ensemble mean (black dashed line) indicates a transition to La Niña around August-October 2024.
Atmospheric anomalies over the North Pacific and North America During the Last 60 Days

During June, above-average heights and temperatures dominated the southern tier of the contiguous United States, with below-average heights and temperatures prevailing over the north-western U.S.

During July, above-average heights and temperatures were present along the western and eastern coasts, with below-average heights and temperatures observed over the central U.S.
Atmospheric anomalies over the North Pacific and North America During the Last 60 Days

During June, above-average heights and temperatures dominated the southern tier of the contiguous United States, with below-average heights and temperatures prevailing over the north-western U.S.

During July, above-average heights and temperatures were present along the western and eastern coasts, with below-average heights and temperatures observed over the central U.S.
Atmospheric anomalies over the North Pacific and North America During the Last 60 Days

During June, above-average heights and temperatures dominated the southern tier of the contiguous United States, with below-average heights and temperatures prevailing over the north-western U.S.

During July, above-average heights and temperatures were present along the western and eastern coasts, with below-average heights and temperatures observed over the central U.S.
U.S. Temperature and Precipitation Departures During the Last 30 Days

End Date: 27 July 2024
U.S. Temperature and Precipitation Departures During the Last 90 Days

End Date: 27 July 2024
The seasonal outlooks combine the effects of long-term trends, soil moisture, and, when appropriate, ENSO.
ENSO Alert System Status: **La Niña Watch**

ENSO-neutral conditions are present.*

Equatorial sea surface temperatures (SSTs) are above average in the western and west-central Pacific, near average in the east-central Pacific, and below average in the eastern Pacific Ocean.

ENSO-neutral is expected to continue for the next several months, with La Niña favored to develop during August-October (70% chance) and persist into the Northern Hemisphere winter 2024-25 (79% chance during November-January).*

* Note: These statements are updated once a month (2nd Thursday of each month) in association with the ENSO Diagnostics Discussion, which can be found by clicking [here](#).